

# Federal changes are coming to Apple Health

Beginning as early as **October 2026**, new federal Medicaid requirements are expected to affect about 36,000 people across Eastern Washington.

Understanding what's changing now can help you be prepared when the new requirements take effect.

## What changes are coming?

These changes may affect some Apple Health (Medicaid) members.



### October 1, 2026

#### ✓ Lawfully Present Noncitizen Changes

Changes to eligibility for refugees, asylees, and other noncitizen adults.



### January 1, 2027

#### ✓ Work requirements for some adults

#### ✓ Renew coverage every 6 months instead of every 12

#### ✓ Changes to retroactive coverage



### *An important note:*

The upcoming changes **WILL NOT** affect children or pregnant individuals.

## 3 things you can do today

Take these simple steps now to stay informed and be prepared.



### 1. Update your contact information

Make sure Washington Healthplanfinder has your current address, phone, and email so you don't miss a notice about your coverage.

[www.wahealthplanfinder.org](http://www.wahealthplanfinder.org)



### 2. Check your application status

Log in to see your current status. Not sure if you have an account, or lost access to one? Check your status on the Healthplanfinder website.

[www.wahealthplanfinder.org](http://www.wahealthplanfinder.org)



### 3. Get help from a Navigator

Insurance Navigators are trained, free, and local. They can walk through your specific situation with you. Visit BHT's website to schedule a call.

[www.betterhealthtogether.org](http://www.betterhealthtogether.org)

## Need help or have questions?

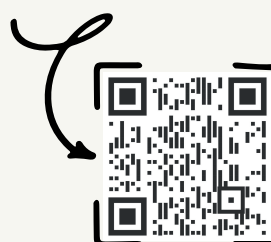
We're here for you.

[www.betterhealthtogether.org/hr1](http://www.betterhealthtogether.org/hr1)

Call: 509-370-5605

Email: [BHTNavigatorStaff@betterhealthtogether.org](mailto:BHTNavigatorStaff@betterhealthtogether.org)

## Scan the QR code to learn more



Visit our website to learn more about H.R.1 and access resources.